

Norwood Elementary School

LUNCH MENU 2020-21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1				
Corn Dogs Or PB & J Sandwich Carrots w/Dip Pears Milk	Chicken Nuggets Or PB & Jelly Sandwich Fresh Broccoli w/Dip Applesauce Graham Snack Milk	Turkey/Cheese Munchable Or PB & Jelly Sandwich Cherry Tomatoes Apple Slices Milk	Pizza Munchable Or PB & Jelly Sandwich Peach cup Milk	Grilled Cheese Or PB & Jelly Sandwich Celery Sticks Grapes Milk
MENU #2				
Hot Dog Or Yogurt Meal Fresh Veggies Fruit Juice Milk	PopCorn Chicken Or Yogurt Meal Fresh Broccoli w/Dip Applesauce Cookie Milk	Cooks Choice Or Yogurt Meal Carrots w/Dip Orange Milk	Pizza Roll Or Yogurt Meal Celery Sticks Strawberry Cup Milk	Sub Or Yogurt Meal Cherry Tomatoes Banana Milk
MENU #3				
Cheeseburger Or PB & Jelly Sandwich Carrots Peach Cup Milk	Chicken Nuggets Or PB & Jelly Sandwich Fresh Broccoli w/Dip Dried Fruit Animal Crackers Milk	Nacho Munchable Or PB & Jelly Sandwich Fruitable Veggie Juice Apple Slices Milk	Pizza Munchable Or PB & Jelly Sandwich Mix Berry Cup Milk	Grilled Ham & Cheese Or PB & Jelly Sandwich Carrot/Celery Sticks Grapes Milk
MENU #4				
Hot Dog Or Yogurt Meal Carrots w/Hummus Applesauce Milk	Chicken Tenders Or Yogurt Meal Fresh Veggies Peach Cup Rice Krispie Milk	Pretzel & Cheese Or Yogurt Meal Broccoli w/Dip Orange Milk	Pizza Crunchers Or Yogurt Meal Celery Sticks Strawberry Cup Milk	Sub w/ Baked Chips Or Yogurt Meal Cherry Tomatoes Banana Milk
MENU #5				
Cheeseburger Or PB & Jelly Sandwich Lettuce w/Sl. Tomatoes Pears Milk	PopCorn Chicken Or PB & Jelly Sandwich Broccoli w/Dip Dried Fruit Cookie Milk	Nacho Munchable Or PB & Jelly Sandwich Carrots w/Hummus Orange Milk	Mini Calazones Or PB & Jelly Sandwich Celery Sticks Mix Berry Cup Milk	Wrap Or PB & Jelly Sandwich Fruitable Veggie Juice Apple Slices Milk

In accordance with Federal law and USDA civil rights regulations and policies, this institution is prohibited from discriminating. To file a discrimination complaint go to WWW.ocio.usda.gov/document/ad-3027 or call (866)632-9992.

BREAKFAST MENU
Monday Yogurt Cereal Bar Fresh Fruit
Tuesday Cereal Bar Graham Snacks Fruit Juice
Wednesday Donut Fresh Fruit
Thursday Poptart Graham Snack Fruit Juice
Friday Muffin Fresh Fruit

Prices
Grade K-12
Breakfast: FREE
Lunch: FREE

Yogurt meal consists of
Yogurt
Cheese Stick
Goldfish

In case of a two hour delay
Breakfast will not be serve

Menu is subject to change

Menu #1		Menu #2		Menu #3		Menu #4		Menu #5	
Sept. 8-11	Oct.12-16	Sept. 14-18	Oct. 19-23	Sept. 21-25	Oct. 26-29	Sept. 28 Oct. 2	Nov. 4-6	Oct. 5-9	Nov. 9-13
Nov 16-20	Jan. 5-8	Nov. 23-24	Jan. 11-15	Nov.30-Dec. 4	Jan. 19-22	Dec. 7-11	Jan. 25-29	Dec. 14-18	Feb. 1-5
Feb. 8-11	Mar.15-19	Feb. 16-19	Mar. 22-26	Feb. 22-26	Apr. 5-9	Mar. 1-5	Apr. 12-16	Mar. 8-12	Apr. 19-23
Apr. 26-30		May. 3-7		May 10-14		May 17-21		May 24-26	

Middle & High School

LUNCH MENU 2020-21

Monday/Friday	Tuesday/ Thursday			
IN SCHOOL	IN SCHOOL	PICK-UP	PICK-UP	PICK-UP
MENU #1	Chef Salad w/ PopCorn Chicken			
Chicken Basket French Fries Carrots w/Dip Pears Milk	Pizza Tossed Salad Broccoli Applesauce Graham Snack Milk	Turkey/Cheese Munchable Goldfish Crackers Cherry Tomatoes Apple Slices Milk	Corn Dogs Baked Beans Carrot/ Celery Sticks Peach cup Milk	PB & Jelly Sandwich Cheese Stick Celery Sticks Grapes Milk
MENU #2	Taco Salad			
Cheesebread Sticks w/ Marinara Sauce Carrots w/Hummus Strawberry Cup Milk	Pizza Tossed Salad Celery Sticks Applesauce Cookie Milk	Cooks Choice Carrots w/Dip Banana Milk	Pizza Roll Marinara Sauce Fresh Broccoli Strawberry Cup Milk	Hot Dog Baked Beans Cherry Tomato w/Dip Orange Milk
MENU #3	Chef Salad w/ Chicken Nuggets			
Cheeseburger French Fries Green Beans Peach Cup Milk	Pizza Tossed Salad Carrots w/Dip Apple Slices Animal Crackers Milk	Chicken Nuggets French Fries Fruitable Veggie Juice Dried Fruit Milk	Pizza Munchable Celery Sticks Mix Berry Cup Milk	Grilled Ham & Cheese Carrot/Celery Sticks Fresh Fruit Milk
MENU #4	Chef Salad w/ Chicken Tenders			
Chicken Patty Oven Potatoes Corn Apple Slices Milk	Pizza Tossed Salad Fresh Veggies Peach Cup Rice Krispie Milk	Pretzel & Cheese Broccoli w/Dip Orange Milk	Nacho Munchable Celery Sticks Strawberry Cup Milk	Sub Baked Chips Cherry Tomatoes Banana Milk
MENU #5	Taco Salad			
R.R. Steak Mash Potato w/ Gravy Green Beans Pears Roll Milk	Pizza Tossed Salad Fresh Veggies w/Dip Orange Cookie Milk	PopCorn Chicken Roll Carrots w/Dip Dried Fruit Milk	Mini Calazones Mix Berry Cup Graham Snacks Milk	Cheese Stick Pretzels w/Hummus Broccoli Apple Slices Milk

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BREAKFAST MENU
Monday Yogurt Granola Bar Fresh Fruit
Tuesday Pop Tart Rice Krispie Treat Fruit Juice
Wednesday Donut Or Muffin Fresh Fruit
Thursday Granola Bar Cereal Fruit Juice
Friday PB & Jelly Sandwich Granola Bar Fruit

Prices
Grade K-12
Breakfast: FREE
Lunch: FREE

Chicken Basket consists
3 Chicken Tenders
2 Mozz. Cheese Sticks

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