

Jefferson Local Schools January Nutrition Newsletter



Welcome Back! Cheers to a Happy and Healthy New Year

Welcome to your monthly newsletter! We are excited to share our story with you!



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What's New in your Schools?

**Better Together: Team
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month.**

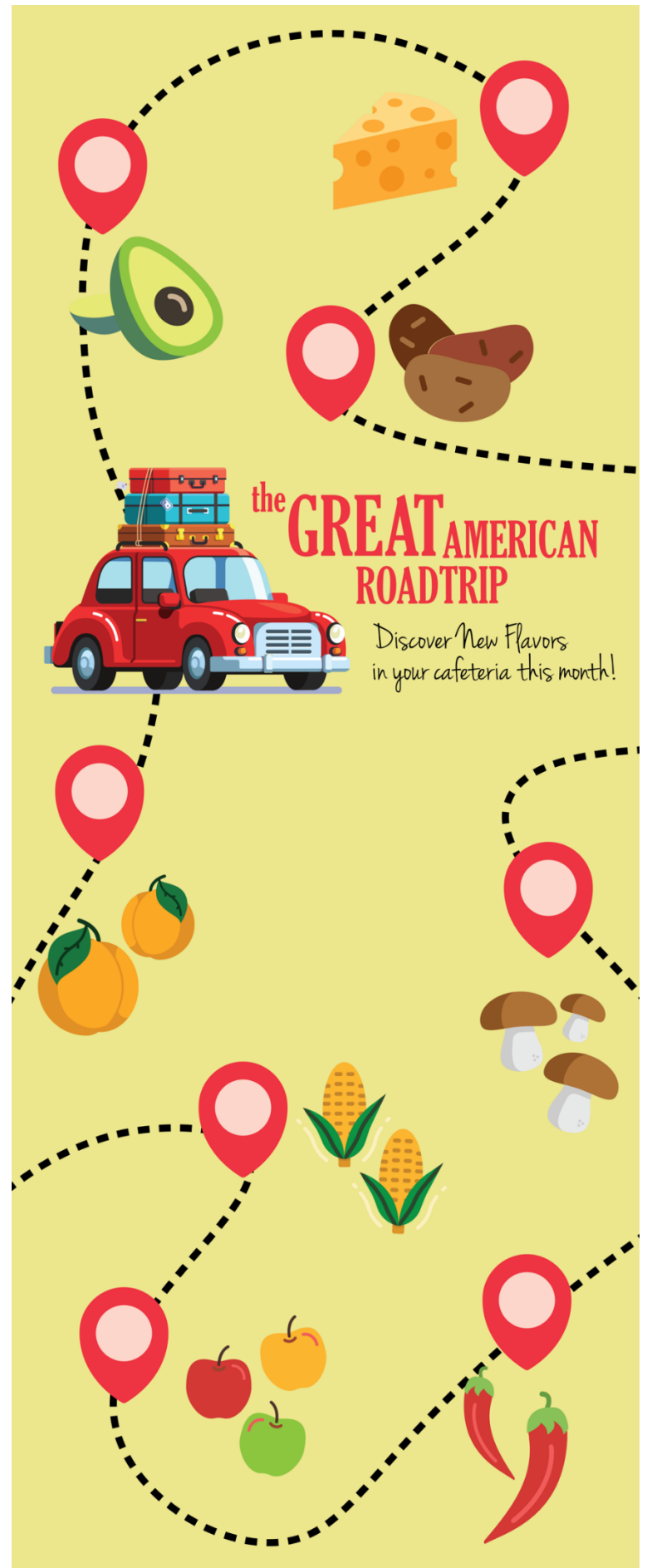
This Month in Discovery Kitchen

January is the Great American Roadtrip month in the cafes where we'll be engaging students with fresh recipes, delicious demos, and fun and informative nutrition education. The Great American Roadtrip allows students to experience this great country through the power of food! We will take your students on journey through the quadrants of the U.S., where they will learn about local favorites of each region and, about the geography that allow these regions to produce certain foods for the entire country.

In January, chefs and dietitians will organize Discovery Kitchen experiences in the cafeteria with interactive ways to spark students' curiosity about agriculture and cuisines around the country.

On January 17th Norwood Elementary students will be able to sample Chili Lime Corn On The Cob.

chartwells
Discovery
KITCHEN



A Reason to Celebrate!

January: National School Board Recognition Month

Thank you, School Board Members! On behalf of all of our Chartwells team members – and our 16,000 fellow associates across the country, we can't thank you enough for supporting our mission of serving up happy and healthy every day.

January 1: Happy New Year

New Year's Day is a holiday that is observed on the first day of January on the Gregorian calendar – which is January 1st. For many people, it is seen as the end of the holiday season and it is also a day in which many people start their New Year resolutions.

January 19: National Pop Corn Day

Popcorn is definitely one of America's favorite snacks, and what better way to honor this wholesome snack than by dedicating an entire day to it?! Join us in the cafeteria to celebrate National Popcorn Day

January 20: National Cheese Lover's Day

Get ready to 'havarti' a 'gouda' time, because it's National Cheese Lover's Day!

LET'S GET
CHEESY

Student Council came and thanked us!



Every Friday we will be having LUCKY TRAY DAY!!!!

GLOBAL EATS

At West Jefferson Middle School and High School we will be featuring MEXICO during our Global Eats Menus. Be on the lookout for delicious and exciting new recipes.



Better Together

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal –delivering the best foodservice possible. Meet some of our team members from across the district.



Anna Antis-Kitchen Manager(Norwood)

Anna cares so much for the students and serves happy and healthy meals to our students. Thank you for all you do!



Wilma Lennex-Food Service Worker(West Jefferson MS/HS)

Wilma is an exceptional employee and always works so hard. We are so happy she is a part of our team. Thank you for all you do!



Shila Parsley-Food Service Worker/Cashier(MS/HS)

Shila started working with ChartwellsK12 in November. She was our Cheers winner for December. She continues to deliver Happy and Healthy to our students. Thank you for all you do!



Allison Dennis has worked for ChartwellsK12 for 6 years. She is currently the Kitchen Manager at West Jefferson MS/HS. She is enrolled in our HIPO Training Program to further her career at ChartwellsK12. Allison has a can-do attitude and is very dedicated to our students in the district. She also assist in any catering needs with in the district. She enjoys learning new skills and continues to grow each and every day.